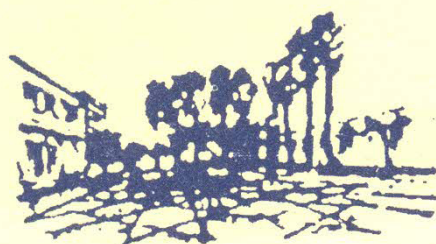


**A JOURNEY  
TO  
SRI AUROBINDO ASHRAM  
PONDICHERRY - 605002**



**Sri Aurobindo Bhavan**

8, Shakespeare Sarani

Kolkata - 700071

Phone : 22823057

### **There are four Convenient trains from Kolkata**

- Coromandal Express (12841) which leaves Howrah and reaches Chennai the next day evening.
- The Chennai Mail (12839) leaves at night from Howrah and takes 2 night to reach Chennai at 5.00 am. in the morning.
- The Howrah-Tiruchirapalli (12663) Bi-weekly express leaves Howrah on Monday, Thursday and Sunday, Kanya Kumari Weekly Exp leaves Howrah on Monday and takes one night and one day to reach Vellupuram at midnight. From Vellupuram one may take either train or bus to reach Pondicherry in about one hour's time.
- Howrah-Puducherry Superfast Weekly Express (12867) leaves at 11-30 pm. on Sunday & reaches Puducherry on Tuesday at 8-30 am.
- ❖ At Chennai, a point to point Bus Service for Pondicherry is available at the Mofussil Bus stand.
- ❖ Air Services are also available upto Chennai. From airport one is to arrange surface transport for going to Pondicherry

### **The main Ashram Building and the Samadhi**

Sri Aurobindo Ashram's main building, spoken of in Pondicherry simply as "the Ashram", is a Complex of four houses, two of which, at different times, were the abodes of Sri Aurobindo and the Mother. In the inner courtyard of this premises is the Samadhi of Sri Aurobindo and the Mother.

### **Sri Aurobindo International Centre of Education**

Sri Aurobindo International Centre of Education is an integral part of the Ashram. Students from the kindergarten to the Higher Course level learn arts and sciences according to the "free progress system", which encourages initiative and spontaneity.

### **Visiting the Ashram**

- General information and guidance for visitors is provided by the Reception Service (in the main building) from 8 am to 12 noon and from 2 pm to 6 pm, Ph. No. being (0413) 2233649 and by the Visitor's Service (at Bureau Central) in the Cottage Guest House Complex Ph. No. (0413) 2233604 from 6 am to 4.30 pm.

- A morning tour of the various activities and Depts. of the Ashram is conducted by the Ashram Autocare Service. Interested visitors may contact the Autocare Branch Office.

### **Staying at the Ashram**

Visitors who wish to spend time at the Ashram in order to experience its life and atmosphere may stay at one of its guest houses (A list of guest houses is given below).

A lodging card (pass) will be issued to the visitor at his guest house. He will be required to show this pass to be admitted to certain places in the Ashram.

### **Ashram Activities**

The gate of the Ashram main building is open between 4.30 am and 11.00 pm (Break 12. noon to 2 pm). Pass holders are permitted in during these hours. Collective meditation in the Playground on Thursday and Sunday 7.45 to 8.15 pm. Visitors are advised to come at least five minutes before the starting time. Meditation is preceded by the regular physical education activities of the elders. These activities, held daily from 7.15 to 7.40 pm, may be watched by pass holders.

Collective meditation in the main building compound (around the Samadhi) on Monday, Tuesday, Wednesday, Friday, 7.30 to 7.50 pm. Films are usually screened every Saturday in the Playground at 7.45 pm. Visitors with passes are allowed to attend. For other programme please see the notice board in the main building. Please note that children below four years are not permitted inside the playground and below three in the Ashram main building.

### **Darshan Days and Other Special Days**

21 February	The Mother's birthday.
29 March	The Mother's first arrival in Pondicherry. (1914)
4 April	Sri Aurobindo's arrival in Pondicherry. (1910)
24 April	The Mother's final arrival in Pondicherry. (1920)
15 August	Sri Aurobindo's birthday.
17 November	The Mother's Mahasamadhi.
20 November	The Mother's body laid to rest.
24 November	Siddhi Day

1 & 2 December Anniversary of the Ashram School.  
 5 December Sri Aurobindo's Mahasamadhi.  
 9 December Sri Aurobindo's body laid to rest.

### Where to Stay

Name of the Guest House	Address	Phone No. STD Code 0413
Cottage Guest House	Rangapillai st. /Gingee Salai	2233610
International Guest House	N.S.C Bose St	2221812/2336699
Karnataka Nilayam	A, Montorsier Street	2233699
New Guest House		2233634/2221553
		Fax : 4308634
Oriya Nilayam Orissa Guest House Navajyoti Karyalaya	} Near Law College / Busy St.	2233643
Navajyoti Press House		2233633
Park Guest House		Goubert Avenue / Sea Side
Ramkrishna Bhavan	Kurichikuppam Area	2229370/2233692
Garden Guest House	Kurichikuppam Area	2233698
Samarpan Guest House	Near Regional Transport Off.	2233709
New Sweet Home		2233635
Sea Side Guest House		2231700, 2231701
Bureau Central		2233604
The Retreat		2231711
Andhra Bhavan		2233708

Tariff for the different Guest Houses is given in the reverse page. The current rates may be verified with reference to concerned Guest Houses. For booking, a reply post card be addressed, sufficient time ahead, to the Manager of the concerned Guest House mentioning the date of arrival, date of departure, nature of accommodation etc. It is advised that reference to the Manager be made only after journey to Pondicherry is confirmed. Money is to be remitted on hearing from the Guest House.

**TARIFF FOR GUEST HOUSES AT PONDICHERRY**

Name of the Guest House	1 Bed (Rs.)	2 Bed (Rs.)	3 Bed (Rs.)	4 Bed (Rs.)	6 Bed (Rs.)	Dormitory (Rs.)	Misc. (Rs.)
Cottage	150	250	310	400	550	-	50 Extra Mattress
International Guest House E-mail:ingh@sriarobindsociety.org.in Check in : 2.00 pm. Check out : 12.00 noon.	400 600 AC	500 650 Deluxe 1050 Deluxe AC 1300 Suite	750 Deluxe 950 Deluxe AC	1100	-	-	150 Extra Cot/Mattress 175 Deluxe 200 Deluxe Ac 2 days or 50% Adv
The Retreat e-mail:theretreat.sriarobindsociety.org.in	950 (NSF) 1200 (SF)	1500 1325 Deluxe (SF)	1900 Suite (SF) 2200 Suite Dl. (SF)	-	-	-	300 Extra per Bed
Sea Side Guest House e-mail :seasidegh@sriarobindsociety.org.in	1025 Standard 1125 Deluxe (NFS) 1325 Deluxe (SF)	1200 Standard 1300 Deluxe (NFS) 1500 Deluxe (SF)	1650 Suite (NSF) 1900 Suite (SF)	-	-	-	300 Extra per Bed
New Sweet Home	-	100	150	200	300	-	7B – 350
Samarpan	-	200	-	320	400 (5 Bed)	640 / 8 Bed 80 per head 4 Bed	-
Garden Guest House	-	100	150	200	300	-	-
Oriya Nilayam	-	100	-	-	-	Bed @ 50 per Bed	-
Orissa Guest House	-	100	150	200	300	-	-
Athithi Niyas	-	100	200	-	-	-	-
Ramakrishna Bhavan	-	100	200	-	-	-	-
Ayodhya Guest House	-	150 AC	-	-	-	-	-
Andhra Bhavan	350 Non AC/ 600 AC	500 Non AC/700 AC	-	-	-	125	125 Non AC / 150 AC
Park	200/300	300/400	400/500	500/600	-	-	-
Karnataka Nilayam	50	70	100	120	-	-	-
New Guest House E-mail : newguesthouse@gmail.com	-	200	300	-	600	-	-

Sri Aurobindo Ashram Website : [www.sriarobindoashram.org](http://www.sriarobindoashram.org)

Note : Please Contact Guest Houses for any change of room rents

**Sri Aurobindo Autocare Services**

2, Chetty Street, Pondicherry.  
Open from 7.45 am. to 5.30 pm.  
Telephone No. (0413) 2233687, 2233695 (H.O.)

**List of Tours**

1. Some departments of Sri Aurobindo Ashram Trust and Sri Aurobindo Udyog Trust, 2. Pondicherry Darshan,
3. Auroville Information Centre, Matrimandir for visit only please contact Ashram reception.